

## OUTLOOK FOR 2010: The 7 Fs

**What's your definition of success – an ideal future that you passionately want to achieve for yourself or your organization that's worth re-inventing not just your organization but your entire self?**

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**What are you willing to commit to doing in order to achieve this incredible goal?**

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**What are you NOT willing to commit to doing?**

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**What will these seven significant life categories look like to you one year from today:**

Family \_\_\_\_\_

Friends \_\_\_\_\_

Faith \_\_\_\_\_

Fitness \_\_\_\_\_

Financial \_\_\_\_\_

Function (work) \_\_\_\_\_

Fun \_\_\_\_\_

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Select the single most important goal from one of the seven categories of goals.

Write down the category and goal: \_\_\_\_\_

\_\_\_\_\_

Describe your progress toward achieving your goal at each of these points in 2010 (What will have happened? What will you have accomplished? What will remain to be accomplished?):

March 31, 2010: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

June 30, 2010: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

September 30, 2010: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

December 31, 2010: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Write down the impact of **NOT** achieving your goal: \_\_\_\_\_

\_\_\_\_\_

Write down the impact of achieving your goal: \_\_\_\_\_

\_\_\_\_\_

Write down how you will feel when you achieve your goal: \_\_\_\_\_

\_\_\_\_\_